

Programme 2019

16 June 2019

18:01	 Pole Vault Women	Entries
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18:03	 Discus Women	Entries
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18:09	200m Women National
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18:17	800m Men National
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18:23	1500m Women National
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18:33	1500m Men National
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18:38	 High Jump Men	Entries
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18:43	800m Women National
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18:54	100m Men National
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19:04	 400m Women	Entries
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19:11	1500m Men	Entries
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19:25	 100m Women	Entries
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19:31	 Long Jump M Men	Entries
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19:33	 800m M Men	Entries
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19:41	 Discus Throw Men	Entries
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19:41	 1500m Women	Entries
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19:54	 200m M Men	Entries
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20:02	5000m Men	Entries
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20:28	 110m Hurdles Men	Entries
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20:37	 800m Women	Entries
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20:47	 3000m Steeple M Men	Entries
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